

Mexican Black Bean Salad

4 SERVINGS 15 MINUTES



INGREDIENTS

2 cups Black Beans (cooked)
1 Red Bell Pepper (chopped)
1/4 cup Red Onion (chopped)
1 Avocado (diced)
1/4 cup Lime Juice
1/4 tsp Chili Powder
1/4 tsp Cumin
1/8 tsp Sea Salt

DIRECTIONS

- 01 In a large mixing bowl combine the black beans, pepper, onion and avocado.
- 02 Add the lime juice, chili powder, cumin, and salt to a mason jar. Seal with a lid and shake until combined. Pour dressing over the black bean mixture and stir until evenly coated.
- 03 Serve chilled and enjoy.

NUTRITION

AMOUNT PER SERVING

Calories	210	Carbs	29g
Fat	8g	Protein	9g