

Breakfast Oatmeal Cookies

8 SERVINGS 20 MINUTES



INGREDIENTS

2 cups Oats (rolled)
3 Banana (mashed)
1/2 cup All Natural Peanut Butter
1/8 tsp Sea Salt
1/4 cup Dark Chocolate Chips

NUTRITION

AMOUNT PER SERVING

Calories	258	Carbs	31g
Fat	12g	Protein	7g

DIRECTIONS

- 01 Preheat the oven to 350°F (177°C) and line a baking sheet with parchment paper.
- 02 In a large mixing bowl, add the oats, mashed banana, peanut butter, and sea salt and mix well. Fold in the chocolate chips and mix again until well combined.
- 03 Using wet hands, roll the dough into even balls and flatten slightly with your hands. Place on the baking sheet and bake for 10 to 12 minutes.
- 04 Remove cookies and let cool on the baking sheet for at least 10 minutes. Enjoy!