

Vanilla Protein Yogurt Parfait

1 SERVING 5 MINUTES



INGREDIENTS

1 cup Unsweetened Coconut Yogurt
2 tbsps Vanilla Protein Powder
1/2 cup Frozen Strawberries
1/4 cup Granola
1 tbsp Cashew Butter

DIRECTIONS

- 01 In a bowl, mix together the coconut yogurt and protein powder.
- 02 In a jar, layer the strawberries on the bottom. Top with coconut yogurt, more strawberries, granola, and cashew butter. Enjoy!

NUTRITION

AMOUNT PER SERVING

Calories	435	Carbs	44g
Fat	23g	Protein	18g