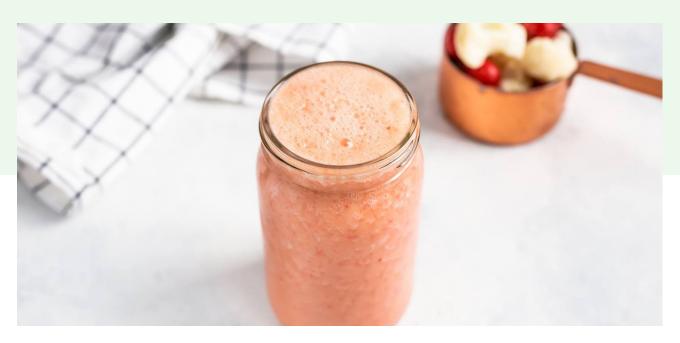
Cherry Lemon Smoothie

1 SERVING 5 MINUTES



INGREDIENTS

1/2 cup Cherries (pitted, fresh or frozen)

1/2 cup Frozen Cauliflower

1 Banana

11/2 cups Water

1 tbsp Lemon Juice

NUTRITION

AMOUNT PER SERVING

Calories174Carbs44gFat1gProtein4g

DIRECTIONS

01 Place all ingredients in your blender and blend until smooth. Enjoy!

