

Coconut Apricot Grain-Free Granola

8 SERVINGS 20 MINUTES



INGREDIENTS

2 cups Unsweetened Coconut Flakes
1/2 cup Dried Apricots (chopped)
2 tbsps Coconut Butter (melted)
2 tbsps Maple Syrup
1 tsp Cinnamon
1/8 tsp Sea Salt

NUTRITION

AMOUNT PER SERVING

Calories	193	Carbs	15g
Fat	16g	Protein	2g

DIRECTIONS

- 01 Preheat the oven to 300°F (149°C) and line a baking sheet with parchment paper.
- 02 In a medium-sized bowl add the coconut flakes, dried apricots, melted coconut butter, maple syrup, cinnamon and sea salt. Mix well.
- 03 Place the mixture on the prepared baking sheet and flatten it out with the back of a spoon. Bake for 14 minutes, stirring halfway through.
- 04 Let it cool on the baking sheet for 5 to 10 minutes. Serve and enjoy!