

# Cinnamon Green Smoothie

2 SERVINGS 10 MINUTES



## INGREDIENTS

2 1/2 cups Oat Milk (unsweetened, plain)  
2 Banana (medium)  
2 cups Baby Spinach  
1/16 head Green Lettuce (separated into leaves and washed)  
1/2 cup Vanilla Protein Powder  
1/2 tsp Cinnamon

## DIRECTIONS

01 Add all ingredients into a blender and blend until smooth. Divide into glasses and enjoy!

## NUTRITION

### AMOUNT PER SERVING

Calories	349	Carbs	50g
Fat	7g	Protein	25g