

Watermelon & Cucumber Quinoa Salad

4 SERVINGS 30 MINUTES



INGREDIENTS

1/2 cup Quinoa
1/8 Seedless Watermelon (cut into small cubes)
1/2 Cucumber (peeled, diced)
2 tbsps Red Onion (finely chopped)
2 tbsps Lime Juice
1 1/2 tbsps Mint Leaves
1/8 tsp Sea Salt

DIRECTIONS

- 01 Cook the quinoa according to the package directions. When the quinoa is cooked, let cool.
- 02 In a large mixing bowl combine the watermelon, cucumber, red onion, lime juice, mint and salt. Stir in the cooked quinoa and season with additional salt or lime juice if necessary. Chill before serving.
- 03 Enjoy!

NUTRITION

AMOUNT PER SERVING

Calories	131	Carbs	27g
Fat	2g	Protein	4g