

Make Ahead Berry Muesli

6 SERVINGS 15 MINUTES



INGREDIENTS

1/2 cup Pecans
3 cups Oats
3/4 cup Dried Strawberries
1/4 tsp Sea Salt
1/4 tsp Cinnamon

NUTRITION

AMOUNT PER SERVING

Calories	276	Carbs	45g
Fat	9g	Protein	7g

DIRECTIONS

- 01 Preheat the oven to 325°F (163°C) and line a baking sheet with parchment paper. Add the pecans and bake, until toasted and fragrant, about 10 to 12 minutes. Let cool slightly, and then roughly chop them.
- 02 In a large bowl, add the pecans, oats, dried strawberries, salt, and cinnamon. Stir to combine.
- 03 Transfer to a large mason jar and cover. Store at room temperature until ready to use. Enjoy!