

Chocolate Strawberry Overnight Oats

2 SERVINGS 8 HOURS



INGREDIENTS

1 cup Oats (rolled)
3 tbsps Cocoa Powder
1 1/2 tps Chia Seeds
1 1/4 cups Unsweetened Almond Milk
1 cup Strawberries

DIRECTIONS

- 01 Add the oats, cocoa powder, chia seeds, and almond milk together in a large container. Stir well to combine. Seal and place in the fridge overnight, or for at least 8 hours.
- 02 Remove the oats from the fridge. Divide into containers and top with strawberries. Enjoy!

NUTRITION

AMOUNT PER SERVING

Calories	228	Carbs	39g
Fat	7g	Protein	9g