

# English Muffin with Peanut Butter & Berries

1 SERVING 5 MINUTES



## INGREDIENTS

2 tbsps All Natural Peanut Butter  
2 ozs English Muffin (halved)  
1/2 cup Strawberries (stems removed, halved)  
1/2 cup Blueberries

## DIRECTIONS

01 Spread the peanut butter evenly overtop the English muffin slices. Serve with strawberries and blueberries. Enjoy!

## NUTRITION

### AMOUNT PER SERVING

Calories	357	Carbs	51g
Fat	18g	Protein	11g