

# Chickpea Spinach Salad with Tamari Vinaigrette

1 SERVING 5 MINUTES



## INGREDIENTS

1 tbsp Tamari  
1 tbsp Balsamic Vinegar  
1/2 tsp Dijon Mustard  
1 1/2 cups Baby Spinach  
1/4 Cucumber (sliced)  
1/2 cup Chickpeas (cooked)

## DIRECTIONS

- 01 Add the tamari, balsamic vinegar, and dijon mustard to a jar. Cover, shake well, and set aside.
- 02 Divide the baby spinach, cucumber and chickpeas onto plates. Top with dressing and enjoy!

## NUTRITION

### AMOUNT PER SERVING

Calories	183	Carbs	31g
Fat	2g	Protein	11g