

Mango Lime Smoothie

1 SERVING 5 MINUTES



INGREDIENTS

1 cup Frozen Mango
1 cup Frozen Cauliflower
1 Lime (large, zest and juice)
1/4 cup Vanilla Protein Powder
1 1/2 cups Plain Coconut Milk
(unsweetened, from the carton)

NUTRITION

AMOUNT PER SERVING

Calories	348	Carbs	47g
Fat	9g	Protein	23g

DIRECTIONS

01 Add all ingredients to a blender and blend until smooth. Pour into a glass and enjoy!