

Almond, Chia & Banana Toast

1 SERVING 5 MINUTES



INGREDIENTS

2 tbsps Almond Butter
2 slices Gluten-Free Bread (toasted)
1 tbsp Chia Seeds
1/4 tsp Cinnamon
1 Banana (sliced)

DIRECTIONS

01 Spread the almond butter on top of the toast and top with the chia seeds, cinnamon and banana slices. Enjoy!

NUTRITION

AMOUNT PER SERVING

Calories	513	Carbs	63g
Fat	26g	Protein	13g